HelsinkiMissio Sörnäinen | November 2026

A meeting place and an open community for everyone.
We also offer a "walk-in" counseling service without an appointment.
All activities are free of charge.

Opening hours: Tue, Wed and Thu from 15 to 18, or at separately mentioned times.
Address: Kinaporinkatu 11, 00500 Helsinki. Ring the doorbell to get in!
More information: helsinkimissio.fi/en/sornainen/

3 Nov.	Community + counseling from 15 to 18 Community chat at 15:30 Ujoomo-klubi at 18:30, *Note: in Finnish for young adults!*	17 Nov.	Community + counseling from 15 to 18
4 Nov.	Community + counseling from 15 to 18	18 Nov.	Community + counseling from 15 to 18 Sinäpä sen sanoit!" at 15:30 →
5 Nov.	Community + counseling from 15 to 18 Let's walk together! at 16:00 →	19 Nov.	Community + counseling from 15 to 18
10 Nov.	Community + counseling from 15 to 18	24 Nov.	Community + counseling from 15 to 18
11 Nov.	Community + counseling from 15 to 18 Tortilla time at 15:30 →	25 Nov.	Community + counseling from 15 to 18 Dessert-time at 15:30 →
12 Nov.	Community + counseling from 15 to 18 Christmas Card Workshop at 15:30	26. Nov	Community + counseling from 15 to 18 A small music session at 15:30 →

Ask the staff for more information or contact sornainen@helsinkimissio.fi.

ADDITIONAL INFORMATION:

Mielenterveysstrategia 2020–2030

Tue 3 Nov.
1. Come chat, share your thoughts about our meeting place and enjoy some pancakes!
2. Ujoomo Club (in Finnish) is a group for young adults who find social situations challenging. Sign up through Instagram @ujoomoclub.

Thu 5 Nov. We'll take a relaxed walk around Kallio. Departure at 4 pm.
Thu 12 Nov. Christmas/Winter Cards: Drop in anytime during the next month!
Wed 18 Nov. "Sinäpä sen sanoit!" - a Finnish language practice group. Fun and varied topics!
Wed 25 Nov. Let's bake gingerbread cookies and Christmas tarts together!
Thu 26 Nov. A little music session – come sing along or just listen!